

The Department of Senior Affairs Senior Meal Program is proud to be part of the **New Mexico Grown** state initiative to provide locally sourced fruits, vegetables, beans, and



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>5</p> <ul style="list-style-type: none"> ◆ Salisbury Steak/Mashed Potatoes w/Gravy ◆ Sliced Carrots ◆ Diced Beets ◆ Apricots ◆ 1% Milk 	<p>6</p> <ul style="list-style-type: none"> ◆ Macaroni & Cheese w/ Steamed Broccoli ◆ Seasonal Vegetable ◆ Stewed Tomatoes ◆ Greek Yogurt ◆ 1% Milk 	<p>7</p> <ul style="list-style-type: none"> ◆ Green Chile Chicken Tamales ◆ Pinto Beans ◆ Calabacitas ◆ Fresh Seasonal Fruit ◆ 1% Milk 	<p>8</p> <p style="text-align: center;">CLOSED</p>	<p>9</p> <ul style="list-style-type: none"> ◆ Sesame Beef w/Pepper & Onions ◆ Chow Mein Noodles ◆ Stir Fry Vegetables ◆ Fortune Cookie ◆ 1% Milk 
<p>12</p> <ul style="list-style-type: none"> ◆ Seasoned Baked Salmon/Rice Pilaf ◆ Succotash ◆ Seasonal Vegetable ◆ Fresh Seasonal Fruit ◆ 1% Milk 	<p>13</p> <ul style="list-style-type: none"> ◆ Cajun Chicken & Sausage Jambalaya w/ Peppers & Onion ◆ Brown Rice ◆ Okra w/Diced Tomatoes ◆ Orange ◆ 1% Milk 	<p>14</p> <ul style="list-style-type: none"> ◆ Beef Tips w/Gravy/ Bowtie Pasta ◆ Garlic Brussel Sprouts ◆ Peach Crisp ◆ Croissant/Margarine ◆ 1% Milk 	<p>15</p> <ul style="list-style-type: none"> ◆ Seasoned Pork Loin w/ Gravy/Mashed Sweet Potatoes ◆ Seasonal Vegetable ◆ Warmed Sliced Apples ◆ Dinner Roll w/Margarine ◆ 1% Milk 	<p>16</p> <ul style="list-style-type: none"> ◆ Baked Ziti ◆ Steamed Broccoli ◆ Garlic Breadstick ◆ Pear ◆ 1% Milk 
<p>19</p> <ul style="list-style-type: none"> ◆ Breaded Cod/Tartar Sauce ◆ Crinkle Cut Fries ◆ Steamed Spinach ◆ Mixed Fruit ◆ Whole Grain Dinner Roll w/Margarine ◆ 1% Milk 	<p>20</p> <ul style="list-style-type: none"> ◆ Chicken Pot Pie ◆ Ancient Rice ◆ Steamed Broccoli ◆ Peaches ◆ 1% Milk 	<p>21</p> <ul style="list-style-type: none"> ◆ Pasta Primavera ◆ Green Beans ◆ Garlic Breadstick ◆ Greek Yogurt ◆ 1% Milk 	<p>22</p> <ul style="list-style-type: none"> ◆ Red Chile Pork Tamales ◆ Calabacitas ◆ Pinto Beans ◆ Pineapple ◆ 1% Milk 	<p>23</p> <ul style="list-style-type: none"> ◆ Roast Beef w/Gravy ◆ Mashed Potatoes ◆ Peas w/Carrots ◆ Strawberries w/ Pound Cake ◆ Dinner Roll w/ Margarine ◆ 1% Milk 
<p>26</p> <p style="text-align: center;">Closed for Christmas</p> 	<p>27</p> <ul style="list-style-type: none"> ◆ Cheese Omelet W/ Roasted Potatoes ◆ Stewed Tomatoes ◆ Whole Grain Biscuit ◆ Mandarin Oranges ◆ 1% Milk 	<p>28</p> <ul style="list-style-type: none"> ◆ Breaded Cod over Brown Rice ◆ Green Beans ◆ Caluliflower w/ Red Peppers ◆ Fresh Seasonal Fruit ◆ 1% Milk 	<p>29</p> <ul style="list-style-type: none"> ◆ Green Chile Chicken Posole ◆ Calabacitas ◆ Steamed Cabbage ◆ Flour Tortilla ◆ Rice Pudding ◆ 1% Milk 	<p>30</p> <ul style="list-style-type: none"> ◆ Sliced Ham w/ Pineapple Glaze / Sweet Mashed Potatoes ◆ Collard Greens and Black eyed Peas ◆ Cornbread ◆ Grapes and a Fortune Cookie ◆ 1% Milk 